

MOST NEEDED ITEMS

While we appreciate every single food donation, Hardee Help Center strives to offer a diversity of food that helps balance nutritional intake and diet, especially important to children, seniors, and those with health challenges. Hardee Help Center also offers various other services that provide families with additional assistance in making ends meet when times are difficult.



November 1st – 30th



MEATS, FISH AND PROTEIN

Canned tuna, ham or chicken, beef stew, chili, peanut butter, canned/dried beans



FRUITS AND VEGETABLES

100% fruit juice, canned fruits and vegetables, instant potatoes, fruit preserves



COMPLETE MEALS

Pasta and sauce, boxed meals, hearty soups



GRAINS

Cereal, rice

Hardee Help Center
713 East Bay Street • Wauchula